

ELIGIBLE MEDICAL EXPENSES – post 1/1/2020

The IRS has established a list of medical expenses that are eligible for reimbursement under this plan. You may request reimbursement for eligible expenses for yourself, your spouse or your dependents. If you incur an expense that is not listed here and you would like to know whether or not it is an eligible expense under this plan, please contact Workterra Customer Service from 8AM to 5PM PST, Monday through Friday at 888.327.2770. You may also refer to IRS Publication 502 "Medical and Dental Expenses", visit https://fsastore.com/FSA-Eligibility-List.aspx, or you can order this publication by calling the IRS at 800-829-3676.

Eligible Medical Care Expenses (partial list)

Acupuncture Laboratory fees

Ambulance Orthopedic shoes

Chiropractors' fees Physical therapy fees

Coinsurance Prescription drugs

Contraceptive prescriptions Psychiatrists' / Psychologists' fees

Co-payments Psychotherapists' fees
Crutches Routine physicals
Diabetic supplies Seeing-eye dog
Gynecologists' fees Skilled nurses' fees

Health insurance deductibles Speech therapists' fees

Hearing aids / batteries Smoking cessation treatments & prescriptions

Hypnosis for medical reasons Sterilization fees

Immunizations / vaccinations Treatment for substance addiction

Insulin Wheelchairs

Mileage / travel costs related to an eligible expense Weight loss treatments (prescribed by a physician)

As Part of the new CARES Act, effective January 1, 2020, Over-the-counter drug and medicine expenses are now eligible without a prescription or letter of medical necessity needed. These eligible expenses include items such as:

- acid controllers
 - allergy & sinus medicines
 - antibiotic products
 - baby rash ointments/creams
 - cold sore remedies
 - cough, cold & flu medicines
 - laxatives
 - pain relief & sleep aids

-PPE including masks, gloves, hand sanitizer, & antibacterial wipes

The CARES Act also allows Menstrual Care Products to be approved effective back to January 1, 2020.

Ineligible Expenses

This partial list includes expenses that are not considered eligible for reimbursement from your HRA Plan.

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- Cosmetic surgery or procedures of any kind
- Dental expenses
- Health club memberships
- Insurance premiums
- Marriage counseling
- Physical therapy for general well-being
- Supplements prescribed by an alternative provider (i.e. acupuncturist)
- Union dues
- Vision expenses